|  |  |  |  |
| --- | --- | --- | --- |
| Monday | Drop-in -*The Lodge***9-11** | Drop-in - *The Lodge***12-2pm**Monday Meditation-Teaching & Learning 118**2-3pm** | Drop-in - *The Lodge*LT **3-5pm**Recovery Film Club (First Monday of every month)Teaching & Learning 118**5-7pm** |
| Tuesday |  |  |  |
| Wednesday |  |  | Buddhist Society Meditation – *St Francis Hall***4-5:30pm**Monthly Sober Social**6-8pm** |
| Thursday |  |  | 12 Step Recovery Community Share **6-7pm***European Research Institute G53* |
| Friday | Drop-in - *The Lodge***9-11** | Drop-in - *The Lodge***12-2pm** | Drop-in - *The Lodge***2-4:30pm**BTW Recovery Celebration**5-6pm***ERI G54* (until Oct 6th) The *Beale Room* (Oct 13th onwards) |

# **Better Than Well Timetable**

 **Morning (9-12)** **Afternoon (12 -3)** **Evening (3-8pm)**