

UG Student Newsletter September 2020

What is the Student Disability Service (SDS)?

The aim of the service is to assist students with disabilities to access appropriate support so that they can take full advantage of the university experience.

The service supports over 3000 students, including those with:

- specific learning difficulties such as dyslexia
- AD/HD
- mental health challenges
- sensory impairment
- mobility impairment
- autism spectrum conditions
- long term health conditions

Support offered includes:

- liaising with academic departments;
- arranging examination accommodations and other reasonable adjustments;
- loan of specialist equipment.

For more information about accessing support at the University if you have a disability, please visit our website: [Student Disability Service](#)

Contact with SDS

The team is working remotely and we will communicate with you using email.

If you feel you need to *Speak* to a Disability Advisor, Zoom appointments can be arranged by emailing: disability@contacts.bham.ac.uk

Disability Access

You can find AccessAble reports for many of our buildings, together with a mobility map at: [UoB Accessibility](#)

Access arrangements for examinations

If you think you are entitled to extra time or other reasonable adjustments in exams you **need to** contact SDS. A Disability Advisor will discuss your needs with you and inform the relevant parties accordingly.

Further information, including deadlines for requesting exam accommodations, is provided by the **Examinations Office**, via: [Exam Arrangements](#)

Please note that alternative exam arrangements may be made by your Department during the COVID 19 pandemic. Extra time will only apply to traditional timed exams and not to papers completed remotely over 24-48 hours.

Disabled Students' Allowances (DSAs)

Home students may be entitled to DSAs to fund specialist equipment, assistive technology and 1 to 1 specialist support. To apply, students must provide evidence that clearly meets the definition of disability in Section 6 of the Equality Act (2010). You may contact a Disability Advisor to discuss your application.

For more information, see: [Disabled Students' Allowances](#) and [Navigating DSAs during COVID 19](#)

Accommodation

See: [UoB Undergraduate Accommodation](#)

Disability-related requirements must be discussed with a Disability Advisor **as soon as possible** so that they can assist with making the appropriate arrangements.

Software for Personal Use

Students can access **Office 365**, which includes Word, Excel, PowerPoint, OneNote and Lync. In addition to PC and Mac, this is also available on Android, iOS and Windows Phone, enabling Office content viewing and editing on the go. See: [Office 365](#)

Other free software, including RefWorks, Mind Manager, MATLAB and SPSS can be found at: [My Software](#)

Assistive Technology

Diversity and Ability (DNA) have compiled a list of assistive technology, including **open source (free) assistive software**. See: [DnA Resources](#) for more information.

Wellbeing Support

The **Mental Health and Wellbeing Service** offers a wide range support. For information, see: [Your Wellbeing](#)

In collaboration with Forward Thinking Birmingham, we provide professional mental health support for students under the age of 25. For details of support during restricted campus opening, see [PAUSE Mental Health Support during COVID 19](#)

We also work in partnership with Kooth to provide online support for individuals in Birmingham aged up to 25 years. See [Kooth online mental wellbeing community](#) to find your preferred way of engaging with them.

Our [Self-help Apps](#) can help you manage anxiety and stress during these uncertain times.

For **external services**, please speak to your GP about transferring your current provision. There is also a range of private counselling support services in Birmingham.

School-based Support

Each School has its own Wellbeing Officer(s) who can provide support if you have problems that could affect your academic work. To find your Wellbeing Officer(s), see: [Find your Wellbeing Officer\(s\)](#)

Students with ASCs

Information and coping tips for students with autism can be found at: [Practical Tips During COVID 19](#) and [Autistica Resources](#)

Library Services

All UoB libraries and learning centres can offer support to disabled students. See: [Library Services Accessibility](#) for details.

Subject Support

A range of resources for your discipline can be found at: [Library Subject Support](#)

Academic Skills and Maths Support

The **Academic Skills and Maths Support Centres** in the main library provide support and resources to help undergraduates develop their writing, maths and general academic skills. See:

[Academic Skills Centre](#) (includes online support)
[Maths Support Centre](#)

Advice and support (including online activities) is provided to students in the **College of Arts and Law** through the **Academic Writing Advisory Service (AWAS)**. See: [Academic Writing Advisory Service](#)

The Guild of Students can provide advice on a range of aspects relating to student life, including academic, financial and housing matters. See: [Guild Advice](#)

The Guild also hosts several disability-related groups, e.g.
[DAMSA](#)
[MH and Wellbeing Society](#)
[Autism Society](#)
See also: [Guild Student Groups](#)

Badminton Support Group

Students with mental health or autism spectrum conditions can join the free Badminton Support Group (play or spectate), which runs on Tuesday afternoons at the UoB Sport & Fitness Centre (subject to the reopening of the Sports & Fitness Centre). To register your interest, please email disability@contacts.bham.ac.uk